



Toribio Psychological Services

**Doctoral Internship in Clinical
Psychology
2025-2026**

Doctoral Internship

Toribio Psychological Services (TPS) is pleased to announce our one-year, full-time doctoral internship program in clinical psychology. This internship focuses on training advanced-level doctoral students in a traditional outpatient setting, addressing both child clinical cases and adult psychopathology. Our generalist model allows students to gain experience in providing individual psychotherapy and psychological evaluations to patients of all ages, with all training conducted within our outpatient mental health facility. The skills gained will prepare students to practice at a post-doctoral level.

Doctoral internships are offered to students enrolled in doctoral programs in clinical psychology who have completed all coursework and clinical practicums in basic assessment, interviewing, psychological testing, and supervised psychotherapy training.

TPS has applied for membership with the Association for Psychology Postdoctoral and Internship Centers (APPIC) and is currently NOT a member. We are in the process of seeking APPIC membership.

Introduction

Toribio Psychological Services (TPS) was founded in 2019 by Dr. Janet Toribio as a small private practice in Clovis, CA. From the beginning, TPS has been committed to delivering quality mental health services while creating a positive and unique

experience for patients and their families. Our mission is to provide top-notch mental health care by staying current with the latest research and delivering evidence-based interventions that foster positive change.

TPS expanded into a group practice on April 1, 2022, following the closure of the Sullivan Center for Children, with many of its staff, clinicians, and patients joining TPS. TPS also became the custodian of records for the Sullivan Center, founded by Dr. Kathy Sullivan in 1989. Dr. Sullivan was a prominent psychologist in the Central Valley, dedicated to enriching the lives of children and their families. TPS aims to honor her legacy by continuing to serve this community.

Today, TPS consists of a team of over 15 clinicians and administrators committed to providing the highest quality care in an outpatient mental health setting. We offer psychotherapy, psychological assessments, and medication management for children, teens, and adults. TPS is dedicated to making mental health services accessible to everyone. By destigmatizing mental health and prioritizing wellness, we aim to facilitate positive changes that lead to happier, healthier, and fuller lives.

Our policies and procedures are informed by our five core values:

- Knowledge
- Excellence
- Respect
- Hard Work
- Integrity

Our Site

TPS is an outpatient center offering comprehensive mental health care through a variety of specialized services. Training takes place at a single site: 3475 W Shaw Ave, Suite 101, Fresno, CA 93711. TPS is a multidisciplinary group practice featuring several psychologists and one pediatric psychiatrist. TPS includes psychologists with varying levels of experience and credentials, supported by a comprehensive administrative team that manages phone calls, appointment scheduling, insurance eligibility checks, billing, and record requests. The office facilities include a waiting room, reception area, multiple individual offices, a large library used as a conference room, various testing rooms, a chart room, an outdoor patio, a break room, public restrooms for patients, and private restrooms for employees.

Individual offices are furnished with a desk, computer, chairs, and games/toys. The offices are spacious enough to accommodate a single patient, a family, and/or a supervisor.

Training Goals and Objectives

The overall goals of the psychology internship training program at TPS are multifaceted and aim to ensure that interns receive comprehensive, high-quality training that prepares them for professional practice. The overall goals of our internship training program coincide with the profession-wide competencies set forth by the American Psychological Association (APA), including:

- Research
- Ethical and Legal Standards
- Individual and Cultural Diversity
- Professional Values, Attitudes and Behaviors
- Communication and Interpersonal Skills
- Assessment
- Intervention
- Supervision

Our training program affords interns the flexibility to engage in activities tailored to their individual interests and training goals by making a plan with their direct supervisor and/or Training Director.

Training Methods, Content and Curriculum

The program aims to provide a breadth of experience in three core areas: Psychotherapy, Psychological Evaluations, and Consultation/Case Management. The internship program intends to accomplish its goals through the methods of:

- Psychotherapy
- Psychological Evaluations
- Consultation/Case Management
- Didactic Trainings
- Informational Seminars
- Direct and Group Supervision

While time spent in each activity can differ on a week-to-week basis, the basic breakdown of time spent in each activity is as follows (based on 40-hour week):

<u>Role</u>	<u>% of Time</u>
Direct Patient Care	50%
Administrative/Case Management	20%
Supervision	10%
Learning Half-Day	10%
Research/Professional Development	10%

Program Organization - The psychology doctoral internship provides diverse clinical training opportunities through two simultaneous 12-month placements, including:

- Clinical Therapy Track – Focuses on providing therapy to children and adults with some assessment training
- Assessment and Diagnostic Track – Emphasizes assessment training with some psychotherapy exposure

Learning Half-Days - Tuesday mornings are dedicated to training and learning. Interns participate in a weekly one-hour seminar covering various psychological topics, a one-hour grand rounds session discussing clinical cases in depth, and 30-minute weekly staff meetings. Once a month, interns also attend an Advanced Psychotherapy Intervention Didactic, Advanced Assessment Technique Didactic, Journal Club, and Spanish SOL (Supervision and Openness in Learning).

Staff

Janet Toribio, PhD Clinical Director, Director of Training Clinical Supervisor

Dr. Janet Toribio, PhD, is a licensed clinical psychologist who was born and raised in the Central Valley and is a Fresno State Alumna. She obtained her doctoral degree from Texas A&M University, and completed her predoctoral internship and postdoctoral fellowship at Children's Hospital Los Angeles, Division of Adolescent and Young Adult Medicine. Since becoming a licensed Clinical Psychologist, she has returned to the Central Valley and has founded Toribio Psychological Services, where our team provide psychotherapy, psychological testing, and medication management services to children, teens, and adults with various mental health conditions. Her areas of specialty include psychopathology across the lifespan, testing and assessment services, ASD population, LGBTQ+ community, and health psychology.

Steve Castro, PsyD Assistant Clinical Director, Clinical Supervisor

Dr. Steve Castro, Psy.D., earned his B.A. in Psychology from California State University, Fresno, and his doctorate from Alliant International University, Fresno. He met state licensing requirements in 2014. Before joining Toribio Psychological Services, Dr. Castro worked at the Sullivan Center for Children for over ten years, where he served as Interim Clinical Director.

Dr. Castro's previous experience includes working in the Psychological Services Department at Fresno City College, treating the student population. He also provided services at the Psychological Service Center in Fresno and conducted psychological assessments with incarcerated individuals at the Fresno County Juvenile Justice Center. Additionally, Dr. Castro has participated in multiple research projects throughout the community, working with diverse populations. He completed internship and post-doctoral fellowship at the Sullivan Center.

Dr. Castro has extensive experience in individual therapy, group/family therapy, and psychological assessments, specializing in the treatment of severe mental illness in children and adolescents.

**Anacary Ramirez-Ballinger, PhD
Clinical Supervisor**

Dr. Anacary Ramirez-Ballinger earned her undergraduate degrees from UC Davis, where she received a Bachelor of Arts in Psychology and a Bachelor of Science in Human Development. She then pursued her graduate education at UC Riverside, obtaining a Master's in Education with a focus on School Psychology, followed by a PhD in Education, also specializing in School Psychology.

For her doctoral internship, Dr. Ramirez worked at the Lewisville Independent School District. After completing her PhD, she furthered her training with a Postdoctoral Psychology Fellowship at The Help Group and UCLA in Sherman Oaks,

California. She is passionate about psychological assessment and serving our population.

**David Fox, MD
Director of Psychiatric Services**

David Fox, M.D., is Director of Psychiatric Services at TPS and is Board Certified in Child and Adolescent Psychiatry. He completed his internship in Pediatrics and Child Development at the Albert Einstein College of Medicine and undertook his psychiatric residency and fellowship at the Massachusetts Mental Health Center. Dr. Fox was a faculty member at Harvard Medical School from 1973 to 1977 and has been part of the Psychiatry faculty at the University of California, San Francisco, since 1977.

Dr. Fox has extensive experience in psychiatry. He has served as the Associate Chief of Psychiatry at Valley Medical Center, Medical Director of the Renaissance Adolescent Center at Clovis Community Hospital, and Director of Child and Adolescent Services at Cedar Vista Hospital. In addition to his role at Toribio Psychological Services, Dr. Fox is also a consultant for the California State Diagnostic School for Neurologically Handicapped Children.

**Errol Leifer, PhD, ABPP, ABN
Seminar Instructor, Consultant**

Dr. Errol Leifer, earned his doctoral degree from the University of Georgia and completed his postdoctoral training at The

Menninger Foundation, where he specialized in psychoanalytic psychotherapy in both outpatient and inpatient environments. He is board certified in Clinical Psychology and Neuropsychology. Dr. Leifer served as an adjunct faculty member at the California School of Professional Psychology for 27 years and has delivered numerous presentations across various domains of psychological practice throughout his career. He currently serves as a Senior Neuropsychologist at Valley Children's Hospital and is a Seminar Instructor and consultant for TPS.

Psychology Internship Summary

Our clinical psychology internship program is designed to prepare aspiring psychologists to confidently and competently transition from student-focused activities to independent practice in postdoctoral work. With a generalist approach, the program provides interns with exposure to working with children, adolescents, adults, and the elderly, encompassing both diagnostic assessments and therapeutic interventions. Our psychology internship program consists of the following:

- 12-month full time doctoral level internship
- Minimum of 2,000 supervised clinical hours
- 2 Tracks: Clinical Therapy and Assessment and Diagnostics
- Appointments begin in July each year

The primary goal of our psychology internship is to deliver high-quality training for individuals preparing to become independent

practitioners. Interns will collaborate with their supervisors to develop a personalized training plan and will undergo evaluations at the midpoint and prior to completion of the program. If any areas require improvement, site supervisors will provide specific, measurable goals to ensure success by the end of the internship.

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